

## Club Positional Training - September

Court 3	Time	9/7/2025	9/14/2025	9/21/2025	9/28/2025
	1:00PM	Setting 11-12's	Setting 11-12's	Setting 11-12's	Setting 11-12's
	2:00PM	DS/L 11-12's	DS/L 11-12's	DS/L 11-12's	DS/L 11-12's
	3:00PM	Hitters 11-12's	Hitters 11-12's	Hitters 11-12's	Hitters 11-12's
	4:00PM	Setting 15's	Setting 15's	Setting 15's	Setting 15's
	5:00PM	DS/L 15's	DS/L 15's	DS/L 15's	DS/L 15's
	6:00PM	Pin Hitter 15's	Pin Hitter 15's	Pin Hitter 15's	Pin Hitter 15's

Court 4	Time	9/7/2025	9/14/2025	9/21/2025	9/28/2025
	1:00PM	Setting 13-14's	Setting 13-14's	Setting 13-14's	Setting 13-14's
	2:00PM	DS/L 13-14's	DS/L 13-14's	DS/L 13-14's	DS/L 13-14's
	3:00PM	Pin Hitter 13-14's	Pin Hitter 13-14's	Pin Hitter 13-14's	Pin Hitter 13-14's
	4:00PM	Setting 16's	Setting 16's	Setting 16's	Setting 16's
	5:00PM	DS/L 16's	DS/L 16's	DS/L 16's	DS/L 16's
	6:00PM	Pin Hitter 16's	Pin Hitter 16's	Pin Hitter 16's	Pin Hitter 16's

Court 5	Time	9/7/2025	9/14/2025	9/21/2025	9/28/2025
	1:00PM	Setting 17-18's	Setting 17-18's	Setting 17-18's	Setting 17-18's
	2:00PM	DS/L 17-18's	DS/L 17-18's	DS/L 17-18's	DS/L 17-18's
	3:00PM	Pin Hitter 17-18's	Pin Hitter 17-18's	Pin Hitter 17-18's	Pin Hitter 17-18's
	4:00PM	Middles 17-18's	Middles 17-18's	Middles 17-18's	Middles 17-18's
	5:00PM	Middles 16's	Middles 16's	Middles 16's	Middles 16's
	6:00PM	Middles 13-15's	Middles 13-15's	Middles 13-15's	Middles 13-15's

September's focus will be on technical training by position. Athletes may choose any skill area to attend but may only participate in sessions designated for their team's age group.

**Positional clinics are \$15 per session and exclusively available to current Vision athletes.**

***Positional clinics are included in club dues for EXV Blue athletes only; all other athletes must pay per session.***

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## Club Positional Training - October

	Time	10/5/2024	10/12/2025	10/19/2025	10/26/2025
Court 3	1:00PM	DS/L + Setting 11-12's	DS/L 11-12's	DS/L + Setting 11-12's	DS/L 11-12's
	2:00PM	Hitters 11-12's	Hit + Setting 11-12's	Hitters 11-12's	Hit + Setting 11-12's
	3:00PM	DS/L + Setting 15's	DS/L 15's	DS/L 15's	DS/L 15's
	4:00PM	Pin Hitter 15's	Pins + Setting 15's	Pin Hitter 15's	Pin Hitter 15's
	5:00PM	Middles 13-15's	Middles 13-15's		
	6:00PM				

	Time	10/5/2024	10/12/2025	10/19/2025	10/26/2025
Court 4	1:00PM	DS/L + Setting 13-14's	DS/L 13-14's	DS/L 13-14's	DS/L 13-14's
	2:00PM	Pin Hitter 13-14's	Pins + Setting 13-14's	Pin Hitter 13-14's	Pin Hitter 13-14's
	3:00PM	DS/L + Setting 16's	DS/L 16's	Middles + Setting 13-15's	Middles + Setting 13-15's
	4:00PM	Pin Hitter 16's	Pins + Setting 16's	DS/L 16's	DS/L 16's
	5:00PM	Middles 16's	Middles 16's	Pin Hitter 16's	Pin Hitter 16's
	6:00PM			Middles + Setting 16's	Middles + Setting 16's

	Time	10/5/2024	10/12/2025	10/19/2025	10/26/2025
Court 5	1:00PM				
	2:00PM				
	3:00PM	DS/L + Setting 17-18's	DS/L 17-18's	DS/L 17-18's	DS/L 17-18's
	4:00PM	Pin Hitter 17-18's	Pins + Setting 17-18's	Pin Hitter 17-18's	Pin Hitter 17-18's
	5:00PM	Middles 17-18's	Middles 17-18's	Middles + Setting 17-18's	Middles + Setting 17-18's
	6:00PM				

October's focus will be on building setter connections with each position group. Coaches will assign setters to attend designated Setting Sessions for October. All athletes may choose to attend any other skill session, but participation is limited to sessions designated for their team's age group.

**Session times for each age group and skill vary throughout the month. Please review the schedule weekly to ensure you're attending the correct session.**

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