





POSITIONAL CLINICS

- October's focus will be on building setter connections with each position group.
- Cost: \$15 / session
- Vision athletes only
- Click here for the schedule NEW TIMES!



IMPORTANT REMINDER!

CLICK HERE to get your USAV/NTR Memberships

Session Two of Future Stars

kicks off October 14th! Perfect for beginner athletes ages 8-12.



2 Days / Week \$325 1 Day / Week \$175 \$40 Drop In

CLICK HERE TO REGISTER



COACHES SPOTLIGHT - COACH KIT

What is your coaching philosophy in three words?

"Progress over perfection."

If your team had to describe you in two words, what would it be?

"Firm and fair."

What inspired you to start coaching volleyball?

"My mom was a high school coach in the Philippines, and she made me love the game. At first, I hated it because I didn't like the conditioning part. However, she taught me that in order to be better, self-discipline, nutrition, and sleep, along with conditioning (of the body and mind), are important factors in our sport."











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